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## Suggested Charts

### Imray

Canary Islands .....	E2
Madeira .....	E3
Cape Verde Islands .....	E4
Saint Lucia .....	B1
North Atlantic Ocean Passage .....	100
Western Approachers to the English Channel and Biscay .....	C18
A Coruña to Gibraltar .....	C19
Strait of Gibraltar to Archipelago Des Acores and Islas Canarias (combine with E3 & E2) .....	C20

### British Admiralty

North Atlantic Ocean, Southern Part .....	4012
Gran Canaria to El Hierro .....	1861
Montserrat to Saint Lucia .....	1042
Saint Lucia to Grenada and Barbados .....	1043
NW Approaches to Saint Lucia .....	197

### NV Caribbean Chart folios

Windward Islands, to Martinique to Grenada .....	12.3
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### Courtesy Flags

- Spain
- Saint Lucia
- Q Flag (for flying before clearing Customs)
- There is a Gran Canaria courtesy flag that can be flown below the Spanish flag



Atlantic Cruising

## ARC Suggested Books

### Atlantic Pilot Atlas

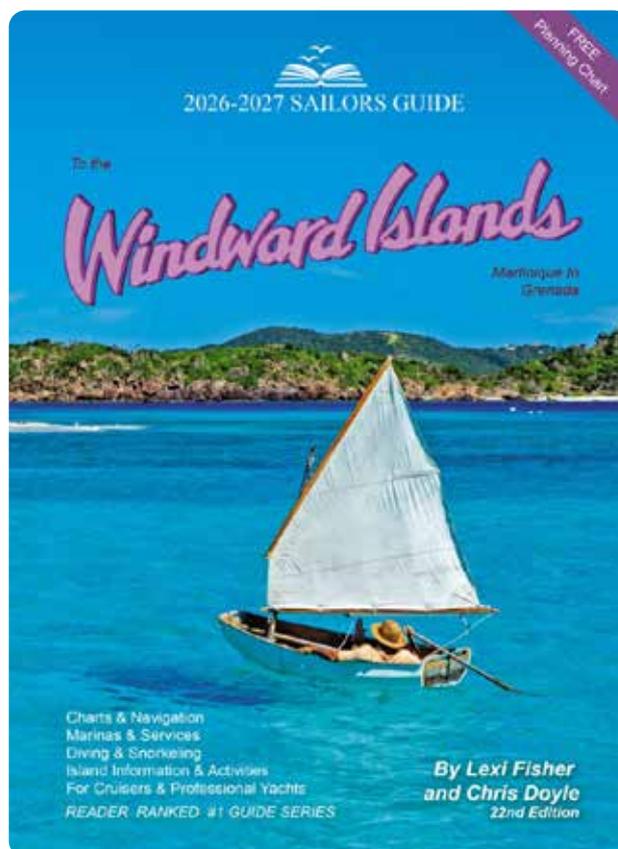
ISBN 9781408122471 by James Clarke. Large format map-book showing wind and current percentage information for every month of the year. It covers the Atlantic, Caribbean and Mediterranean. There is good commentary on each month too.

### Atlantic Crossing Guide

ISBN 9781472947666 by RCC Pilotage Foundation and Jane Russell. A useful book to read if you have not cruised the Atlantic before. Introduces all the basic problems, as well as giving outline port information.

### Chris Doyles Sailors Guides

Chris Doyle's Sailors Guides are regularly updated, accurate and good value. They make navigating straightforward. He provides sailing, mooring, shopping, eating, leisure, as well as technical support. The range includes Windward Islands, Grenada to Martinique, Leeward Islands, Anguilla to Dominique, Trinidad and Tobago, Venezuela and Bonaire. Chris Doyle also gives a lecture on cruising the Caribbean as part of the ARC programme in Saint Lucia. <https://doyleguides.com/>





### Chart 100 North Atlantic Ocean Passage Chart

ISBN 9781786796158 A more limited version of the Atlantic Pilot Atlas, showing year-round predictions on one chart.

### Atlantic Islands

ISBN 9781786790705 by RCC Pilotage Foundation. Pilot for Azores, Madeira, Canaries and Cape Verde islands. Updates issues annually.

### Caribbean Cruising

ISBN9780713654318 (or ISBN 1574091727 for US-version) by Jane Gibb and John Kretschmer. Full of top tips for your boat and equipment preparations. Highly recommended.

### Grenada to the Virgin Islands

ISBN 978184623518 by James Patuelli. Good detail on ports to visit while cruising.

### Atlantic Spain and Portugal

ISBN 9781786794376 by RCCPF and Henry Buchanan (9th edition)

### Canary Islands Cruising Companion

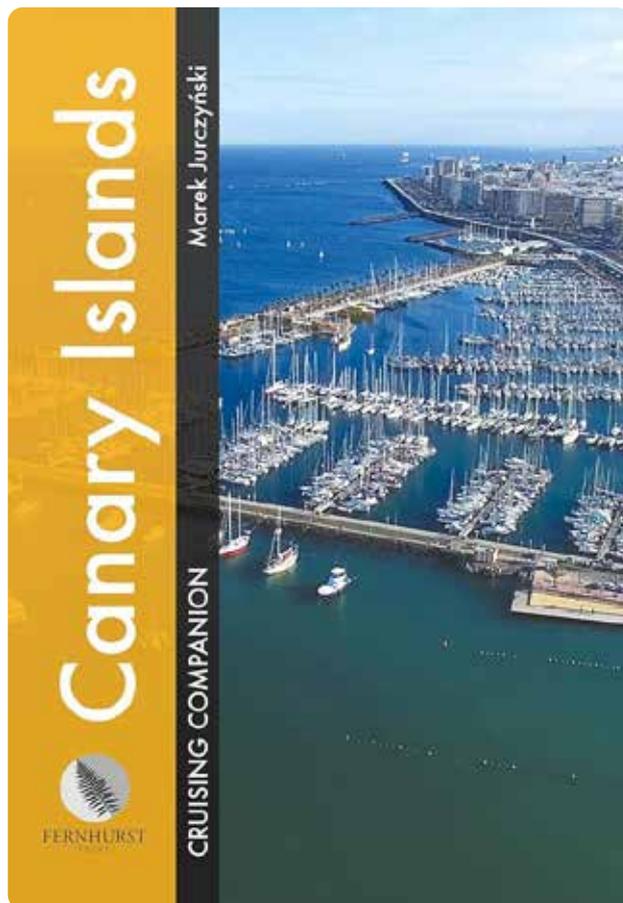
ISBN 9781912621460 by Marek Jurczyński. This authoritative pilot guide offers the sailor a perfect handbook to the nine main islands, all 40 ports and 26 anchorages in the amazing archipelago.

### The Straits Sailing Handbook

By Colin Thomas. Guide to Gibraltar

### Canary Islands Cruising Companion

ISBN 9781912621460 by Marek Jurczyński. This authoritative pilot guide offers the sailor a perfect handbook to the nine main islands, all 40 ports and 26 anchorages in the amazing archipelago.



# SAIL THE SIGHTS OF SAINT LUCIA

Picture yourself cruising through azure waters, as gentle trade winds guide your vessel, and the sun kisses your face while you navigate the captivating beauty of Saint Lucia. As the proud host of the Atlantic Rally for Cruisers (ARC) for 36 years, the island is a firm favourite among the sailing community, and for good reason. Seafarers are drawn by the island's spectacular scenic backdrops, rich cultural experiences, and array of unforgettable adventures on land and sea. Plus, with two first-class marinas, IGY Rodney Bay Marina and Marigot Bay Yacht Haven, thrilling regattas, an exclusive yacht club, and delectable cuisine, the island will effortlessly complement your passion for the sea. For inspiration call your travel agent or visit [stlucia.org](http://stlucia.org)



## SAINT LUCIA

LET HER INSPIRE YOU

## Saint Lucia Information

### Local Information

Dialling Code: +1 758

Time zone: UTC -4

Currency: EC\$

Emergency: 911

Police: 999 or 4359

Police and emergency services can also be contacted via VHF Ch 16

Vigie and Moule à Chicque lighthouses are manned 24/7. All monitor VHF Ch 16

Useful Websites: [stlucia.org](http://stlucia.org)

### IGY Rodney Bay Marina

P.O. Box RB 2521, Castries

Saint Lucia

West Indies

Location: 14°04'N 60°57'W

Open: Mon-Fri: 09:00-14:00 &  
16:00-19:00  
Sat-Sun: 09:00-14:00

VHF: Channel 16

T: +1 758 458 7200

Email: [RBM@igymarinas.com](mailto:RBM@igymarinas.com)

Website: [igy-rodneybay.com](http://igy-rodneybay.com)

Water: Potable

Power 220V/50Hz & 110V/60Hz

## Entry Formalities

On arrival, all yachts must clear into Saint Lucia as soon as possible - crew must remain onboard until this is completed:

1. [Visit the Port Health Office](#) in the marina complex. A form is required to be completed by each crew member. This form will be provided on arrival by the World Cruising Club.
2. [Visit Customs and Immigration Office](#) in the marina complex. Take boat papers and all crew passports. Yachts MUST have pre-registered with SailClear.com. Clearance papers are printed off for you in the office, which considerably speeds up the procedure. Yachtsmen are permitted to stay on the island for a period of 6 months.  
The Customs and Immigration office is open daily: 08:00-12:00 and 13:30-18:00.
3. [Visit Rodney Bay Marina Office](#) To confirm your berth location, as well as show ship's papers and boat insurance documentation. They will then send someone to connect your electricity and water. On departure contact the marina on CH16 so that your meter can be read for a speed checkout
4. [An immigration form must be completed for each family or boat](#) no more than 72 hours before or on arrival. It can be found here: <https://travelslu.govt.lc/> Please fill out the form before going to immigration.

## Visas

A list of countries whose nationals need a visa for Saint Lucia can be found at:

<https://www.govt.lc/services/apply-for-saint-lucia-non-immigrant-visa>. Crew arriving by air to join the boat in Saint Lucia must have a letter from the skipper confirming that they will be travelling aboard and details an exact date of departure. (See page 68 in the Preparations section)



A: Pigeon Island  
B: Anchorage (whole bay)



C: IGY Marina Docks  
D: IGY Marina Mooring Buoys

## Arriving with Pets

You must declare your cat/dog or other pet when you arrive in Saint Lucia and a visit from the vet will be arranged to approve whether or not the animal can come ashore. **The pet is not permitted ashore until checked.** See [govt.lc/services/veterinary-import-permit](http://govt.lc/services/veterinary-import-permit)

Please be aware that if the authorities are not contacted in advance, or the paperwork is not correct, the animal will be denied entry, not permitted ashore and may be euthanized. Once pets have cleared in, they will be given a tag or collar to wear at all times while not on the boat.

Make sure you arrange for an export permit when you are leaving Saint Lucia for any other port.



Team Snow with their pet great dane

## IGY Rodney Bay Marina

### Reception Opening Hours

Mon-Fri: 0900-1400 and 1600-1900  
Sat-Sun: 0900-1400.

### Marina Facilities

IGY Rodney Bay Marina has 253 berths plus 37 superyacht slips. Water and electricity are available on every pontoon.

There is a small shopping complex in the marina with a range of shops including a supermarket, laundry, duty free liquor store, an IATA travel agent and car hire company. There is also a good selection of cafés and restaurants, and a small onsite swimming pool.

Boat needs are well catered for by the marina boatyard, electronic needs by **Regis Electronics** and chandlery by **Island Water World**. All types of gas bottles can be filled locally and there is also a sail loft in the complex. The boatyard has a range of services available, including a 75-ton hoist and secure dry storage for up to 120 yachts. They can carry out fibreglass repairs and have a full mechanical and machine shop as well as day workers for cleaning, varnishing and odd jobs. See the A to Z of Boat Services from page 47 for more details.

## IGY:RODNEY BAY MARINA



BOATYARD & FUEL STATION

### KEY

- 1 IGY RBM RECEPTION
- 2 CUSTOMS & IMMIGRATION/SIATSA
- 3 BANK
- 4 MINI - MART
- 5 CHANDLERY
- 6 LAUNDRY
- 7 SECURITY
- 8 TAXI STAND
- 9 GARBAGE AREA
- 10 ARC OFFICE
- 11 TOILET/SHOWERS
- 12 DINGHY DOCK
- ATM/BANK
- FIRE CART
- FIRE EXTINGUISHER
- ASSEMBLY POINT

ST. LUCIA



# IGY: RODNEY BAY MARINA & BOATYARD



**UP-TO 30% OFF DOCKAGE!**

LOWEST DOCKAGE IN THE CARIBBEAN - INSURANCE PACKAGES AVAILABLE



**253 BERTHS • PROTECTED LAGOON • RESORT-STYLE FACILITIES**

On-site Customs & Immigration • 24-hr On-site Security & Surveillance  
Boatyard & On-site Technical Providers • Fixed and Floating Docks  
Waterfront Dining & Signature Bars • Provisioning & Ship's Chandlery On-site  
Full Resort Amenities with Pool & Spa • Local Boutiques & Shopping Options  
Complimentary Wi-Fi

t: +1 758 458 7200 | e: [rbm@igymarinas.com](mailto:rbm@igymarinas.com) | [www.igymarinas.com](http://www.igymarinas.com)

  [facebook.com/RodneyBayMarina](https://facebook.com/RodneyBayMarina)

## Showers

There are several toilet and shower blocks in the marina, including a large modern block close to the ARC Office. These are accessed with a code, which will be given to you on arrival.

## Water and Electricity

### Do not attempt to turn on your own water and electricity.

Once you have visited the Marina Office and paid for your berth, sign your meter rates and call the Rodney Bay Marina dock staff on Ch.16 to come and connect your electricity and water. It is suggested that you read meters along with our dock attendant to ensure accuracy in your metered charges for utilities.

As much as possible boats are berthed according to needs.

### Power

Power supply varies by pontoon but is predominately 220V/50Hz. With 110/60Hz at selected docks.

### Please ensure your power requirements are added to your Boat Information via the members area.

NOTE: It is always a good idea to have a range of different adaptors on board, including standard European 16, 32 and 50 Amp plugs with associated conversion necklaces, and splitters.

Please note you may have to share water connections, however, the dockmasters manage this process effectively. Anyone found to be taking water from another yacht's tap may be responsible for the entire water cost of the metered yacht.

### Water

Potable water is available on every pontoon.

## Dressing Your Boat

All rally participants are asked to dress their boat with code flags whilst in harbour to create a festive atmosphere!

## Mooring Buoys in Rodney Bay

The IGY Rodney Bay Marina offers mooring buoys in the lagoon next to the marina, for boat owners looking for a more economical option for long-term berthing. For more information, contact:

[rhm@igyamarinas.com](mailto:rhm@igyamarinas.com)

+ 1 758 458 7200

## Security

All pontoons are gated, with a security guard on each gate. Ensure you lock your boat when leaving it unattended, and don't leave anything of value on deck or pontoons overnight (including shoes).

Dinghy theft can be a problem throughout the Caribbean. Remember to padlock your dinghy and outboard at all times to the yacht, even when at anchor or in a marina. We recommend you lift your dinghy out of the water at night using a lifting strop and halyard, or lift it on deck. When leaving your dinghy ashore, always padlock it to a permanent structure using a wire that runs through the engine and fuel tank, with a padlock.



Rodney Bay Marina Security

# IGY Rodney Bay Marina & Boatyard

ST. LUCIA, W.I.



From routine maintenance to complete refits, our **full-service boatyard** is geared up to get you sailing swiftly and safely. Featuring a **75-ton Marine Travel Lift**, metal fabrication, fiberglass experts, and a **Sail Loft with skilled riggers and sail repair experts**, we're your go-to destination.

Endorsed by major **international insurance** companies, our boatyard is a top choice for **summer and hurricane season storage**. Nestled within the IGY Rodney Bay Marina complex, our **gated 4.5-acre haven** in a **protected lagoon** is a designated port of entry, ensuring a breeze for clearing in and hauling out in a breeze.

Once settled in, the **5 Gold Anchor-awarded** Rodney Bay Marina offers full support facilities. Explore further at Rodney Bay Village, a short distance away, with two shopping malls and a strip featuring bars and restaurants.

Our professionalism, friendliness, and affordable rates make us stand out. St. Lucia's central location makes us the perfect base for sailors exploring the Caribbean islands. With **daily flights** to major hubs in **Canada (Toronto) and the US (Atlanta, Miami & NYC)** as well as **Europe (London)**, we boast the best international flight connections in the Windward Islands.

Seeking a reputable boatyard in the southern Caribbean? Choose IGY Rodney Bay Boatyard for industry stalwart quality assurance. Your journey to maritime excellence begins here!

#### Onsite Amenities Include:

- Full-Service Boatyard & Technical Services
- Customs & Immigration
- 24 -HR CCTV Surveillance and Security
- Complimentary Wi-Fi
- Duty-free Fuel Station & In-slip Fueling
- In-slip Water & Electricity (US & European power)
- Floating and Concrete Docks
- 8 Popular Restaurants & Bars
- Extensive Provisioning- local, gourmet and international products
- Bank, Laundromat, Showers, Taxi & Tour Agency & Car Rental
- Hurricane Season Insurance packages through our Insurance Partners
- Saltwater Pool
- Special long-term contract deals year-round!



**IGY: RODNEY BAY MARINA**  
ST. LUCIA

P.O. Box 1538,  
Castries, St. Lucia WI  
Tel: +758.458.7200  
[www.igy-rodneybay.com](http://www.igy-rodneybay.com)  
[rhm@igymarinas.com](mailto:rhm@igymarinas.com)



## A to Z of Boat Services

There are a number of skilled and semi-skilled workers who operate in the marina and boatyard. Be aware of unskilled workers visiting your boat and offering their services. Get recommendations, or ask at the Marina Office for more details. Visit [shopsatrbm.com/marine-services.html](https://shopsatrbm.com/marine-services.html) for a list of available services.

### Boatyard and Haulout

#### Rodney Bay Marina Boatyard

[jmarius@igymarinas.com](mailto:jmarius@igymarinas.com) +1 758 458 7200

Open: Mon-Fri 08:00–17:00 with emergency haulout services available during the weekends and evenings. Offers a range of repair services. Haulout 75-ton lift; 27ft max. beam; 80ft. LOA. Contact the boatyard manager either through the marina reception or directly at the boatyard, situated at the northern end of the marina.

### Boat Vendors

In every harbour and anchorage, you will likely be visited by enterprising locals driving a small boat, selling fresh fruit, bread and ice as well as offering tours and water taxis services. They can help with pilotage and, in some harbours and anchorages, the allocation of mooring. Putting fenders out along one side is a sign that you are happy for them to come alongside and it will also protect your boat. When engaging their services give them a list and agree a price in advance for each item. Find out their name and tell them to speak to the others indicating that there is no need for anyone else to call.



Kenny from Rodney Bay Sails in Rodney Bay Marina

## Chandleries

### Island Water World

[islandwaterworld.com](https://islandwaterworld.com)

+1 758 452 1222

Open: Mon-Fri 0830-1630 and Sat 0830-1230

In Rodney Bay Marina, has a comprehensive range of stock and extremely helpful and knowledgeable counter staff. With 7 branches across the Caribbean, they can usually find what you are looking for quickly and efficiently. Visiting ARC participants who wish to purchase duty free, must take their original ship's documentation and clearance papers with them the first time they shop.

### Johnsons Marine Centre

[info@ohnsonshardware.com](mailto:info@ohnsonshardware.com)

+1 758 452 0303

Open: Mon-Fri 08:00-16:00 and Sat 08:00-13:00.

Opposite the marina entrance. Whilst primarily a hardware store, they have an extensive chandlery section, and the costs are often lower than other shops' duty-free prices. It is well worth a visit to compare prices. They also carry a full range of electrical items, including the same shore power plugs used at Rodney Bay Marina and 230-115 volt transformers.

## Charts and Pilot Books

### Island Water World and Johnsons Marine

Centre (see above). Local pilot books can often be found in local souvenir type shops within the Rodney Bay Marina complex.

## Day Workers

### Rodney Bay Marina

#### Freelancers

+1 758 458 7200

For interior & exterior cleaning, engine room & general maintenance.

A list of authorised freelancers is also available from the ARC office in Saint Lucia.

## Electronics & Electrical

### MarinTek

[marintek@gmail.com](mailto:marintek@gmail.com)

+1 758 484 60 31 / VHF Ch71

Rodney Bay Marina. Contact Egbert Charles.

### Regis Electronics

[stlucia@regiselectronics.com](mailto:stlucia@regiselectronics.com)

+1 758 452 0205

Rodney Bay Marina. Marine electronic and battery specialists (sales, service and installation).

Alternators, batteries and battery chargers held in stock. They also stock spare parts and offer fast duty-free clearance for yacht spares in transit.

Watermaker specialist.

# Local Information

## Rally Handbook



### Fibreglass

**Rodney Bay Marina Boatyard** (see 'Boatyard')

### Fuel (Diesel)

**Rodney Bay Marina** fuel dock is at the northern end of marina alongside the boatyard. Duty free prices are available after clearing out.  
Open Mon-Fri: 08:00–17:00, Sat-Sun: 08:00-16:00

### Gas (Cooking)

#### Suds Laundry

VHF Ch16 +1 758 286 7255 / 486 0718

Next to Dock J. Gas must be paid for in advance - only propane available. Cards accepted. 24hr turnaround. Suds can also adapt any connection fitting you may have on your gas bottle.

### Generators

**MarinTek** (see Electronics & Electrical).

Agent for Northern Lights.

**Regis Electronics** (see Electronics & Electrical).

Agent for Fischer Panda USA and many other on-board systems.

### Liferafts & Inflatables

#### Liferaft & Inflatable Center

[debra@liferaftandinflatable.com](mailto:debra@liferaftandinflatable.com)

[liferaftandinflatable.com](http://liferaftandinflatable.com) +1 758 452 8306/715 9671

Contact Debra or Navin. Tests and repairs, second hand inflatables for sale. Outboard engine repairs.

### Maintenance

#### JT Professional Boat Maintenance & Services

[jtboatservices@gmail.com](mailto:jtboatservices@gmail.com) +1 758 520 5054

Bonne Terre. Run by Vincent Dornelly, specialising in varnishing, polishing, water hull polishing, painting and interior & exterior valet.

### Mechanical

#### ARC Dynamic Workshop

[lcy@gmail.com](mailto:lcy@gmail.com) +1 758 718 0665 /  
485 0665 / 485 6690

Rodney Bay Boatyard. Run by Lawrence Lim-Chee-Yung who has 18 years industry experience.

### Metalwork and Welding

**MarinTek** (see Electronics & Electrical).

**Rodney Bay Marina Boatyard** (see Boatyard).

The Boatyard has a full mechanical and machine shop, rigging and fibreglass repairs, painting and woodwork.

#### ARC Dynamic Workshop

Rodney Bay Boatyard (see Mechanical). Work with stainless, aluminum, cast iron, steel and bronze.

#### Ryte Welding &

**Machine Shop** +1 758 450 8019 / 713 3300

Ask for Nick. All types of welding & fabrication, aluminum and stainless steel work, davits & masts, fuel and water tank supply.

### Outboards

**A.F. Valmont Castries** +1 758 452 3817

General hardware

**Liferaft & Inflatable Center** (see Liferafts).

Refrigeration

#### Caribbean Yacht Services Ltd

[caribbeanyachtservices@hotmail.com](mailto:caribbeanyachtservices@hotmail.com)

Technician George Bevan +1 758 484 7614

**MarinTek** (see Electronics & Electrical)

**Villiage Marine Limited** +1 758 450-9333

They also have a dinghy dock in Gros Islet in Saint Lucia

### Rigging

**Rodney Bay Marina Boatyard** (see Boatyard).

### Sail Repairs

**Rodney Bay Sails** +1 758 452 8648 / 584 0291

[rodneymbaysails@hotmail.com](mailto:rodneymbaysails@hotmail.com)

In the marina on the first floor near Suds Laundry.

Full sail loft, canvas work, agent for Doyle sails.

Contact Kenny.

**Brocco Sail Repairs** +1 758 452 8350

Saint Lucia Yacht Club.

### Watermakers

**MarinTek** and **Regis Electronics**

(see Electronics & Electrical for both)

## A to Z of What's On Shore

### Accommodation

The Saint Lucia Tourism Authority website [stlucia.org](http://stlucia.org) provides a full guide to accommodation in resorts, hotels, guest houses, villas and apartments. There are many excellent villas in the Rodney Bay area, and this can be a cost effective option for larger groups or families. Popular villa companies include [blueskyluxury.com/stlucia](http://blueskyluxury.com/stlucia) as well as international rental sites such as VRBO and AirBnB.

**Bay Gardens Hotel**  
[baygardenshotel.com](http://baygardenshotel.com) +1 758 457 8010

**Bay Gardens Inn**  
[baygardensinn.com](http://baygardensinn.com) +1 758 457 8006

**Bay Gardens Beach Resort**  
[baygardensresorts.com/beach-resort](http://baygardensresorts.com/beach-resort)  
+1 758 452 8060

**Bay Gardens Marina Haven**  
[baygardensresorts.com/marina-haven](http://baygardensresorts.com/marina-haven)  
+1 758 452 8060

**The Harbor Club, Curio Collection by Hilton**  
[theharborclub.com](http://theharborclub.com) +1 758 731 2900

**The Landings Resort and Spa**  
[landingsstlucia.com](http://landingsstlucia.com) +1 758 458 7300

**CoCo Resorts** [coco-resorts.com](http://coco-resorts.com)

**Harmony Suites** [harmonymarinasuites.net](http://harmonymarinasuites.net)

**Le Sport** [thebodyholiday.com](http://thebodyholiday.com)

**Sandals** [sandals.com/grande-st-lucian](http://sandals.com/grande-st-lucian)

**Windjammer** [windjammer-landing.com](http://windjammer-landing.com)

### Buses

See Travel Information on page 58.

### Car Rental

See Travel Information on page 58.



### Couriers /Shipping Agents

For Mail, see page 52.

It is important to use a recognised carrier when having parcels delivered to Saint Lucia and we recommend you ask any new crew to carry spares in their luggage. If you need to ship parts/spares to Saint Lucia, use a shipping agent.

**Sterling Charles, Cox and Co Ltd**  
[scharles@coxcoltd.com](mailto:scharles@coxcoltd.com) +1 (758) 285 0152  
[customsbrokerage@coxcoltd.com](mailto:customsbrokerage@coxcoltd.com)  
Customs broker handling import, export, customs clearance and courier services.

**FedEx** +1 758 452 9404  
Rodney Bay Marina are an authorised shipping centre for Fed Ex. If you send mail to Saint Lucia using FedEx, label it as follows:

#### Address for FedEx deliveries only:

**Your Name & Boat Name - Yacht in transit**

**IGY Rodney Bay Marina**

**ATTN Sterling Charles/ Cox and Co.**

**Rodney Bay Gros Islet**

**Saint Lucia, West Indies**

**(Once shipped, please email invoices and tracking numbers to Rodney Bay Marina, St.**

**Lucia RBM@IGYMarinas.com and Sterling Charles - scharles@coxcoltd.com )**

### Sure Line Co Ltd

+1 758 4523415

Shipping agents in Castries.

### Leverage Management

[info@leveragegmt.com](mailto:info@leveragegmt.com) +1 758 453 927

Offer UPS express delivery, customs clearances and savings for ARC participants. P.O. Box 2000, Mongiraud, Gros Islet.

### DHL Worldwide Express

**A&C Ltd**

+1 758 453 1538

Customs Brokers. Grew Building, Upper Bridge, Castries.

### Deliveries (Local)

#### Quick Delivery

[Info@quickdeliveryslu.com](mailto:Info@quickdeliveryslu.com)

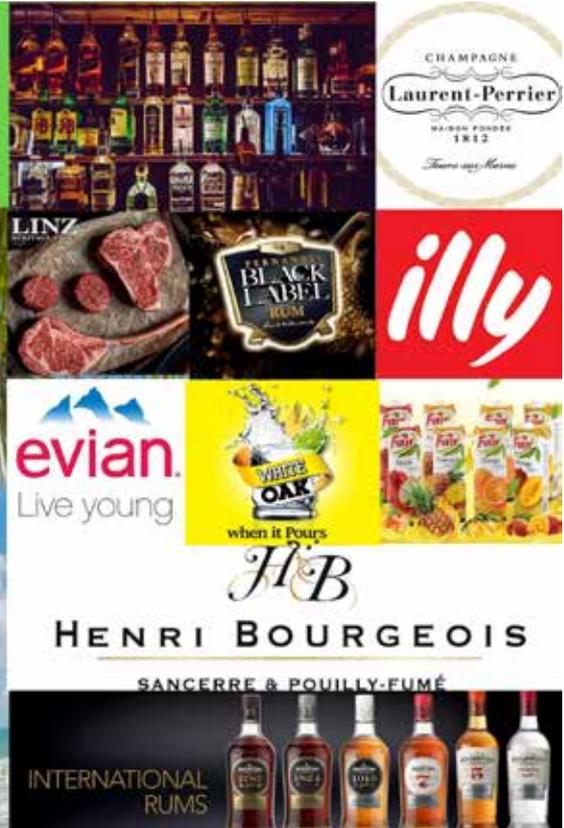
+1 758 719 3278

Meal delivery & island wide general courier services.

Saint Lucia's Biggest  
Proteins, Spirits and  
Wine Provisioner



- +758-451-5299
- @lazylagoonslu (Whatsapp: +758-2856737)
- Bois D'Orange, Saint Lucia (W.I.)



# THE MARKETPLACE

Saint Lucia's Biggest  
Portfolio of Wine, Spirits,  
Cigars and Beers.

DUTY FREE

- +758-450-9993
- [www.marketplacestlucia.com](http://www.marketplacestlucia.com)
- Rodney Bay Marina, Saint Lucia (W.I.)



### Doctors / Hospitals

**Emergency ambulance: 911**

#### Consults:

Expect to pay call-out fee (US \$60-75) for a doctor to come to your boat, plus medicine costs.

**Doctor Tobias** +1 758 719 0095

**Doctor Kenneth Louisy** +1 758 460 7727  
(24 hours)

**Dr Jana Philips Toussaint** +1 758 484 3250

#### Medical Centres:

**Gros Islet Polyclinic (Free Clinic)**  
+1 758 450 9661

**Rodney Bay Medical Centre (Private)**  
[rodneybaymedical.com](http://rodneybaymedical.com) +1 758 452 8621  
Located close to JQ Mall. Family practice and walk-in clinic

**M-CARE Medical Clinic**  
[m-care.health](http://m-care.health) +1 758 453 2552

#### Hospitals:

**Tapion Hospital Castries**  
Emergency room \$US800 admittance charge  
[tapionhospital.com](http://tapionhospital.com) +1 758 459 2000/01

**OKEU Owen King European Union Hospital, Castries. Main hospital**  
+1 758 452 6500

**Victoria Hospital** +1 758 452 2421  
Hospital Road, Castries.

### Diving

Some of the best diving in Saint Lucia is off the Pitons and around Soufriere. Expect to pay around US\$85 for a single tank dive and US\$130 for a 2 tank dive.

**Action Adventure Divers, Soufriere**  
[info@aadivers.net](mailto:info@aadivers.net) +1 758 485 1317

**Eastern Caribbean Diving**  
[easterncaribbeandivingstlucia.com](http://easterncaribbeandivingstlucia.com) +1 758 456 9581

**Scuba Saint Lucia, Anse Chastanet**  
[scubastlucia.com](http://scubastlucia.com) +1 758 459 7755  
[scuba@ansechastanet.com](mailto:scuba@ansechastanet.com)

**Sandals Dive Centre at Grande St. Lucian Resort**  
[sandals.com/scuba/](http://sandals.com/scuba/)

**Scuba Steve's Diving/Dive Saint Lucia**  
[info@divesaintlucia.com](mailto:info@divesaintlucia.com) +1 758 405 0411  
[scubastevesdiving.com](http://scubastevesdiving.com)



Rodney Bay Swimming Pool

### Golf

Saint Lucia's premier 18-hole championship level golf course at the Sandals Golf & Country Club. The only course on the island open to the general public is a 10-15 minute drive from the marina.

**Sandals Golf & Country Club, Cap Estate**  
[sandals.co.uk/golf/stlucia](http://sandals.co.uk/golf/stlucia) +1 758 450 8523

### Gyms / Fitness

**Landings Resort** (see Accommodation)  
Offer ARC participants a special rate for use of their gym facilities.

**REPTS & Fusion Fitness** +1 758 722 3763  
Indies Event Centre, Rodney Bay.

### Hairdressers

**Ziggy's Hair Salon**  
[ziggyhairsalon@hotmail.com](mailto:ziggyhairsalon@hotmail.com) +1 758 285 9540  
JQ's Mall, Rodney Bay. Also do massages, facials, waxing and nails.

**At Home with Emile** +1 758 268 7549  
Panoramic Heights, Bontaire

### Horse Riding

**Sandy Hoofs Stables**  
[info@sandyhoofssaintlucia](mailto:info@sandyhoofssaintlucia) +1 758 730 595  
[sandyhoofssaintlucia.com](http://sandyhoofssaintlucia.com)

**International Pony Club**  
[ipcstlucia.com](http://ipcstlucia.com) +1 758 452 8139 or 450 8665 or  
+1 758 715 5689

**Holiday Riding Stables Beausejour**  
[holidayridingstables@gmail.com](mailto:holidayridingstables@gmail.com) +1 758 714 7433  
[holidayridingstables@gmail.com](mailto:holidayridingstables@gmail.com)

**Trims National Riding Academy Cas-en-Bas**  
[trimsnationalridingstable.com](http://trimsnationalridingstable.com) +1 758 450 8273

# Local Information

## Rally Handbook



### Internet & Mobile

**IGY Marina** provide free WiFi.

Saint Lucia has two main mobile network operators:

**Digicel** and **Flow**.

Dialling in: +1 758 for Saint Lucia.

Dialling out: 011 then country code.

### Island Tours

**Express Taxi Association** +1 758 452 9957

At Rodney Bay Marina offer excellent island tours.

### Travel Boutique

[the-travel-boutique.com](http://the-travel-boutique.com) +1 758 451 6364/5

Upstairs of Rodney Bay Marina. They offer full day and half day tours. Open: Mon-Fri 08:00-17:00 & Sat: 08:00-13:00.

### Laundry

Make sure you agree a delivery date for your clean laundry and ensure it is labelled with your boat name, including individual items of importance.

**Suds Laundry** +1 758 486 0718 / VHF Ch16

Rodney Bay Marina (next to J Dock give an excellent, quick service. (Extended hours during the ARC). Will pick up and deliver and offer a reliable 24hr service. Also sail washing service, carpet cleaning and dry cleaning.

Open: Mon-Fri 08:30- late; Sat 08:30-12:00.

**Sparkle Laundry** VHF Ch16

Pick up and deliver by boat. Not in the marina, so may take longer.

### Mail to Saint Lucia

Also see Couriers / Shipping Agents on page 49.

#### Address for Mail to Saint Lucia:

Name of Yacht, ARC  
IGY Rodney Bay Marina  
P.O. Box RB 2521  
Saint Lucia, West Indies

The Rodney Bay Marina Office holds mail for yachts. Please ensure your letters are addressed correctly. Mail is slow and unreliable to and from Saint Lucia.

If you need to have something important sent once you have arrived, we recommend you use FedEx - IGY Marina are agents for FedEx, they can assist with other couriers if required.

When having spare parts delivered to Saint Lucia, we recommend that you use a shipping agent (see page 49 for more information).

If you have new crew joining, the easiest and best solution is to ask them to carry any post and/or spares out in their luggage.

If you are using a company in Saint Lucia as a receiving address for mail or packages, then please agree this with them in advance, so that they know to expect your delivery.

### Money

There is a local bank with ATM machine in the marina. Additional ATMs are located in the Rodney Bay shopping district, a 5-minute drive from the marina.

Currency in Saint Lucia is the Eastern Caribbean Dollar (EC\$). The US Dollar is widely accepted. Whilst many establishments will take card, cash is preferred by smaller traders.

### Opticians

**Saint Lucia Eye Centre, JQ Mall**

[stluciaeyecentre@gmail.com](mailto:stluciaeyecentre@gmail.com) +1 758 458 0334

**Bay Optical , Baywalk Mall**

[bayoptical2020.com](http://bayoptical2020.com) +1 758 451 2000

### Pharmacy

**Vission Express Pharmacy, Rodney Bay Marina**

[igypharmacy@vecarib.com](mailto:igypharmacy@vecarib.com) +1 758 457 7426

**True Value Pharmacy,**

**Gros Islet Highway** +1 758 451 2006

Open Mon-Fri: 08:00-18:00 & Sat: 08:00-16:00

Inside SOL Gas Station,

**M & C Drug Store,**

**Baywalk Mall** +1 758 458 8153

Open Mon-Sat: 09:00-21:00 & Sun: 09:00-12:00

**Massy Supermarket, Rodney Heights**

Open Mon-Sat: 08:00-20:00 & Sun 09:00-13:00

**Massy Supermarket, JQ Mall**

Open Mon-Sat: 09:00-21:00 & Sun: 09:00-13:00.



Rodney Bay Marina Shops

### Post Office

Stamps and post box available in the marina office.

**Main Post Office, Bridge Street, Castries.**

**Sub Post Office** +1758 468 6725  
Open Mon-Fri: 09:00-17:00  
JQ Shopping Mall.

### Restaurants

The marina has a good range of cafés, bars and restaurants, and there are many more on the west side of Rodney Bay, along the Reduit Beach road, 5-10 minutes drive from the marina. There are also a number of excellent resort restaurants reachable by taxi, well worth the effort, although pre-booking is necessary.

Some of the ARC participants' favourites in the marina include:

**Bosuns Bar & Bistro Breakfast** +1 758 458 4190  
Lunch & dinner, plus light snacks and Thai-themed meals.

**Café Olé & Boardwalk Bar** +1 758 452 8726  
Serving breakfasts, salads, sandwiches, coffees and teas. The Boardwalk Bar overlooks the water and is a popular place for a nightly sundowner.

**Elena's** +1 758 451 0043  
Pizzas, pasta, paninis, excellent Italian coffee and homemade ice cream.

**The Corner Bouti and Bar** +1 758 719 2022  
Serving breakfast, lunch, snacks and coffees with a Turkish flair

**La Mesa** +1 758 452 0647  
Open for lunch and dinner. Waterside terrace.

**Rituals Sushi** +1 758 458 4344  
Serves lunch & dinner. Includes Sushi bar inside and Japanese menu.

**Sea Salt Café** +1 758 452 8732  
Next to the marina swimming pool, serves lunch & dinner every day.

### Close to the Marina

**Key Largo Pizzeria** +1 758 452 0282  
A five minute walk from the marina toward Reduit Beach. Closed Monday.

**Harbor Club Hotel**  
Next to the marina contains a range of places to eat:

#### 7th Heaven Bakery and Coffee Shop

**Julia's**  
Open for breakfast, lunch, and dinner.

**Dockside Pizzeria**  
Open from 12:00-22:00 daily.

**Sushi Deck**  
Mon-Sat 18:00-22:00

### Along Reduit Beach Road in Rodney Bay:

**Amici Italian Restaurant & Pizzeria**  
Specialising in Italian cuisine, open for lunch & dinner. +1 758 285 9290

**Big Chef Steakhouse** +1 758 450 0210  
The best place for a really good steak.

**Buzz Seafood & Grill** +1 758 458 0450  
Excellent food and music on Wednesday, Thursday and Saturday nights in season.

**Flavours Of The Grill** +1 758 284 7906  
Bois D'Orange Gros Islet. Local cuisine, Caribbean, International, Vegetarian Friendly, Vegan Options  
Open from 11:00 everyday.

**Jacques Waterfront Dining** +1 758 458 1900  
Delicious French/Carib Fusion located opposite the marina with dinghy dock. Mon-Sat lunch & dinner.  
Sat evening Piano Bar and wine tasting.

**Pizza Plus** +1 758 452 8282  
Pizza and excellent burgers; great outdoor kids' playground.

**Razmataz Tandoori** +1 758 452 9800  
Lovely atmosphere, authentic Indian, dinner only.  
Closed Tues.

**Spice of India** +1 758 458 4243  
Open for lunch and dinner. Located on ground level Baywalk Mall.

**Spinnakers** +1 758 452 8491  
Reduit Beach next to the Yacht Club. Beach-side English breakfast, snack lunches, bistro, carvery and cocktails. Booking recommended.

**Saint Lucia Yacht Club** +1 758 452 8350

**Wings N Tings** +1 758 451 8200  
Great food on the go.

### Saint Lucia taste with a twist

**Oasis 101** Gros Islet +1 758 486 6688

**Golden Taste** Gros Islet +1 758 450 9792



Tel: +1-758-485-7651

In the heart of Rodney Bay Marina

Serving breakfast, lunch and dinner daily

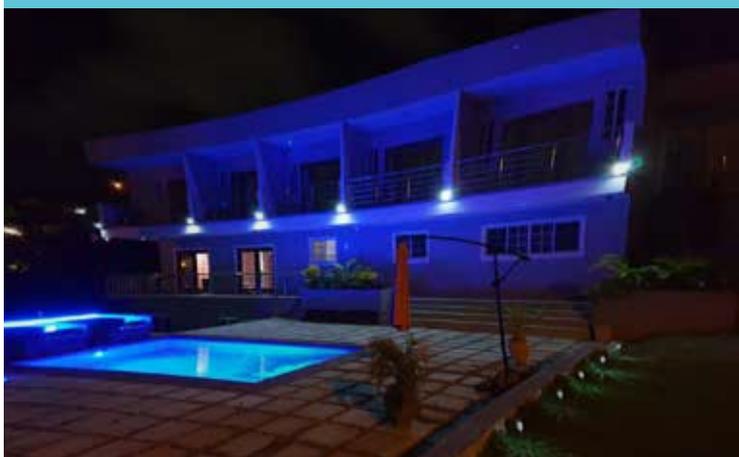
Specialising in Thai, Caribbean and Western Cuisine



## Bosun's Bar & Bistro

Bosun's menu provides meals for all types of foodies with an appreciation for a kaleidoscope of flavors; meat lovers, spice fanatics, vegetarians, seafood addicts, health conscious, burger enthusiasts, are all welcomed & will be catered to with lovely and courteous customer service.

Quality rental accommodation  
minutes from Rodney Bay Marina



### **ARC discount package!**

Located in Beausejour this an excellent accomodation complex. Amenities include air conditioning, swimming pool, free WiFi, laundry service, and trustworthy management.



Bookings and enquiries

Tel: 1-758-458-4190

Email: [bosuns.bistro@gmail.com](mailto:bosuns.bistro@gmail.com)



Bosun's Bar and Bistro



@bosuns.bistro

## Elsewhere in Saint Lucia:

**Dasheene Restaurant** +1 758 459 6600  
Ladera Resort. Spectacular views overlooking the Pitons, Sunday buffet great value.

**Naked Fisherman, Cap Maison**  
[nakedfishermanstlucia.com](http://nakedfishermanstlucia.com) +1 758 457 8694

**Chateau Mayo** +1 758 451 4772  
Marigot Bay. Excellent seafood and delicious local dishes.

**Chef Robby's** +1 758 714 4647  
Traditional Lucian Food

## Rubbish / Garbage

There are plenty of recycling facilities provided in Rodney Bay and waste can be placed in the different bins in the brown building at the back of the car park, near the main entrance. The marina also provides collection from the docks 07:00-15:00. (Black bags only)

Oils and fuels should be disposed of properly at the Boat Yard with the assistance of the staff there.

**Greening the Caribbean** – is a programme that collects, transports and facilitates pre-cycling of materials for export into international recycling and manufacturing chains making sure that recyclable items do not end up in Caribbean landfills.



IGY Rodney Bay Marina has excellent recycling facilities which enables glass bottles, plastic bottles, cans and cardboard to enter the recycling chain. Please make sure you separate your recyclables during the crossing.

## Shopping & Supermarkets

### JQ Shopping Mall

[shopjqmall.com](http://shopjqmall.com)

Has 50 shops and is located at the southern end of Rodney Bay Lagoon. On the local bus route, or 5 minutes in a taxi from the marina. Open: Mon-Thu 09:00-19:00, Fri-Sat 09:00-20:00. Sunday, closed.

### Baywalk Mall

[baywalkslu.com](http://baywalkslu.com)

Has 80 stores and restaurants and is opposite JQ Mall, 5 minutes to the south of the marina. Open: Mon-Thu 09:00-19:00, Fri-Sat 09:00-20:00, Sun 09:00-14:00.

### Castries Town

Capital of Saint Lucia, is 8 miles south of the Marina, 30 minutes by bus. More local-style shops here and a market. Opening hours vary but generally are Monday to Friday 08:30-16:30 and Sat 08:00-12:30.

### Marina Shops

#### Marketplace

+1 758 450 993

Minimarket with food, water, ice, duty free alcohol, provisioning & delivery. Sellers with fresh vegetables set up on Mon, Wed & Sat. Open: 07:30 to 20:30 daily

#### Gregory's Fresh Fruit

From his unmistakable 'flag flying' dinghy, Gregory delivers a good range of fresh fruit and vegetables direct to your yacht.

#### Market - fresh produce

There is an open air **fresh produce market and fish market**, daily in Castries. Take the local bus or a taxi and arrive early (from 07:00) to find the best choice.

### Supermarkets

#### Massy Stores

[massystoresslu.com](http://massystoresslu.com)

Rodney Heights. Closest to the marina. Open: Mon-Sat 07:00-21:00, Sun 07:00-16:00.

#### Massy Gourmet, Baywalk Mall

+1 758 455 3663

Open: Mon-Sat 07:00-22:00, Sun 07:00-18:00.

#### Massy Stores, JQ Mall

+1 758 457 2202

Open: Mon-Sat 07:00-21:00, Sun 07:00-16:00.

#### Massy Mega

+1 758 457 2000

On the main road towards Castries, 15 minutes drive from the marina. Good for bulk grocery and basic hardware products.

Open: Mon-Sat 09:00-21:00 & Sun 09:00-18:00.

## Sightseeing

See Island Tours on page 52.



## Supporting the shores that welcome us

The **Positive Impact Fund**, launched by World Cruising Club in 2025, was created with a simple but powerful goal: **to support communities and local charities in the destinations visited by our rallies around the world.**

As sailors, we are privileged to experience some of the most beautiful and remote places on the planet. The Positive Impact Fund ensures that, wherever our fleets arrive, they leave behind more than memories — they leave a meaningful and lasting contribution.

During the **2025–26 Caribbean sailing season** alone, **approximately £15,000** have been raised through generous contributions from World Cruising Club, past and present rally participants, and valued industry partners. **These funds directly support local initiatives, helping strengthen communities and create a positive legacy in the wake of each rally.**



**TO FIND OUT MORE  
OR IF YOU WOULD LIKE  
TO DONATE**

**PLEASE VISIT:  
[worldcruising.com/positive-impact-fund](http://worldcruising.com/positive-impact-fund)**

**The Positive Impact Fund gives participants the opportunity to give back to the destinations that welcome them — reinforcing the spirit of responsible cruising and ensuring that our adventures have a lasting, positive impact long after the sails are lowered.**



## Spas

**The Spa Harbor Club** +1 758 731 2900  
The Harbor Club Hotel  
Open: 09:00-18:00 daily

**Cool Water Spa** +1 758 452 0886  
Bay Gardens Inn.

**Oasis LeSport** +1 758 457 7852  
Elemis spa with stunning views.

**The Landings Resort and Spa** +1 758 458 7332  
[thespa@landingsstlucia.com](mailto:thespa@landingsstlucia.com)

## Travel Agency

**Travel Boutique** +1 758 451 6364/5  
Upstairs of Rodney Bay Marina. Full service IATA accredited travel agency, travel & tourism related services.  
Open: Mon-Fri 08:00-17:00 & Sat: 08:00-13:00.

## Watersports

A number of all-inclusive resorts close to Rodney Bay Marina offer half-day and day passes for anyone wanting to enjoy dinghy sailing, windsurfing, waterskiing etc. and have meals and drinks included! Call the hotels for more information.

**Sandals Spa & Beach Resort Gros Islet**  
Adults only. +1 758 455 2000

**Kite Surfing Saint Lucia** +1 758 714 9589  
[kitesurfingstlucia.com](http://kitesurfingstlucia.com)  
[kitesurfingstlucia@yahoo.com](mailto:kitesurfingstlucia@yahoo.com)  
Kite surfing and wing foiling hire and lessons. Cas en Bas, Gros Islet. Book in advance.

**The Reef Kite & Surf** +1 758 454 3418  
[kitesurf@slucia.com](mailto:kitesurf@slucia.com)  
Vieux Fort (south Island).

**Aquaholics Kite Surfing** +1 758 726 0600  
[aquaholicsstlucia@gmail.com](mailto:aquaholicsstlucia@gmail.com)  
Cas en Bas, Gros Islet. Offer jet ski assisted lessons and instruction for all levels.



Rodney Bay Marina

## Water Taxis

See Travel Information page 58.

## Yacht Club

### Saint Lucia Yacht Club (SLYC)

[slycmanager@gmail.com](mailto:slycmanager@gmail.com) +1 758 452 8350  
[facebook.com/stluciayacht](https://www.facebook.com/stluciayacht)

Reduit Beach next to Spinnakers. ARC participants welcome! Great food served. The Club also has J24 racing every Thursday with crew spots available for those who haven't had enough sailing! In addition the Club has 2 squash courts with racquet rental and members to play against if you are looking for a partner.

Open Mon-Fri: 15:00-21:00, Sat-Sun: 10:00-21:00.



Exiting Rodney Bay Marina

## Travel Information

### Airport

**Hewanorra International Airport** (code UVF) is the main International airport in the south of the Island, 50 miles and a 90 minute taxi ride from Rodney Bay Marina.

Note that travel time can increase significantly during busy traffic times, particularly at rush hour and during bad weather.

**Hewanorra Airport** +1 758 454 6644  
[hewanorrainternationalairport.com](http://hewanorrainternationalairport.com)

Regional flights operate from Saint Lucia's second airport, **George Charles Airport** (code SLU), located in Castries. This is only around 25 minutes from the marina, but most international flights do not use this airport. It is about 90 minutes by taxi from George Charles Airport to Hewanorra Airport.

### International Airlines

Saint Lucia is well connected by air directly from North America, Europe and the Caribbean through a wide range of regional and international airlines. Each airline provides convenient services directly from major international cities or from a number of gateways including Antigua, Barbados, Chicago, Miami, New York, Boston, Atlanta, Philadelphia, Toronto and Puerto Rico.

#### Airlines serving Saint Lucia from Europe:

**British Airways** [ba.com](http://ba.com)

**Virgin** [virginatlantic.com](http://virginatlantic.com)

**Air France (via Martinique)** [airfrance.com](http://airfrance.com)

**Air Caraïbes (via Martinique)** [aircaraibes.com](http://aircaraibes.com)

#### Airlines serving Saint Lucia from North America:

**Air Canada** [aircanada.ca](http://aircanada.ca)

**American Airlines** [aa.com](http://aa.com)

**Delta Airlines** [delta.com](http://delta.com)

**Jet Blue** [jetblue.com](http://jetblue.com)

**WestJet** [westjet.com](http://westjet.com)

### Caribbean Flights

Regional flights between Caribbean islands are frequent, and generally operate from Saint Lucia's second airport, **George Charles Airport** (airport code SLU), located in Castries, about 25 minutes from the marina.

[georgeflcharlesairport.com](http://georgeflcharlesairport.com) +1 758 452 1156

#### Airlines serving George Charles Airport include:

**InterCaribbean Airways** [intercaribbean.com](http://intercaribbean.com)

**Air Caraïbes** [aircaraibes.com](http://aircaraibes.com)

**Caribbean Airlines** [caribbean-airlines.com](http://caribbean-airlines.com)

**Air Antilles** [airantilles.com](http://airantilles.com)

**Sunrise Airways** [sunriseairways.net](http://sunriseairways.net)

### Airport Transfers

Approximate taxi costs one-way from Rodney Bay to Hewanorra (90 minutes): US \$85 (up to 3 passengers); for 4 or more US\$25 per person.

**St Lucia Reps** [dutyoffice@stluciareps.com](mailto:dutyoffice@stluciareps.com)  
[suntourscaribbean.com](http://suntourscaribbean.com) +1 758 456 9100

Offer private and shared minibus transfers and are based in the Sun Group Building opposite the marina on the slip road.

**Water taxis** also offer transfers, taking approximately 90 minutes, and charge around US\$150 per person.

### Buses

Local buses can be used to get nearly anywhere at very little cost. They have green 'M' registration plates. Buses pass outside the marina gates to/from Castries. Simply flag down any bus with a "Route 1A" sign.

### Car Rental

**Sixt Car Rental** +1 758 452 9404

In the Marina, next to Customs & Immigration on the first floor of the marina building.

Another car hire company on the island (that will likely charge for delivery to Rodney Bay) is:

**Paradise Car Rental** +1 758 452 4934

You will need to purchase a temporary driving permit for Saint Lucia at the car rental office.



Rodney Bay Marina Office

## Helicopter

[stluciahelicopters.com](http://stluciahelicopters.com) +1 758 453 6950

Travelling to the International Airport in the south this way means departing from George Charles airport in the north. With clearances, it will take about the same time as getting a taxi from the marina, but is a spectacular way to see the Pitons.

## Taxis

**Marina Taxi Stand** +1 758 719 9877

Fully licensed taxi operators are denoted by blue 'TX' license plates. It is strongly recommended you use licensed operators and it is wise to agree on the specific fare before departing.

**The Taxi Association at Rodney Bay Marina**

Discounted fixed rates. +1 758 452 9957

## Water Taxis

These are an easy way to reach the beach, adjacent bars & restaurants or yachts at anchor.

Call on VHF Ch 16, or can usually be found on the main pontoon.

**Quincy** +1 758 716 6733

**Shaka** +1 758 721 2986

**John** +1 758 518 2290

**Tafari** +1 758 716 4004



**TAXI ASSOCIATION**

IGY: RODNEY BAY MARINA

Reliable Taxi Service provider for the ARC from its inception on St. Lucia for over 30 years.

Airport Transfers, Shuttle Services, Island Tours, Shopping and Supply Services all by Ministry Of Tourism Certified Taxi Drivers.

**Taxi Stand at Rodney Bay Marina Gate**

Cell WhatsApp: +1 (758) 721 5205 | T: +1 (758) 452 9957 | E: igymarinataxi@gmail.com

## Caribbean Travel Tips

- Lucian people are known for being courteous and hospitable. Say "good morning," "good afternoon," or "good evening" when greeting people and on entering a store, restaurant etc.
- Make sure you try the local fruits and vegetables from the markets, stall holders will be happy to give you recipe ideas and cooking advice.
- Be patient, the Caribbean operates at a different pace.
- Be polite to boat vendors and other locals touting for business - a polite "no thank you, not today" with a smile, generally works well.
- Remember to ask for a receipt when you are asked to pay mooring fees anywhere in the Caribbean.
- Don't leave hatches open when you leave the boat - it can rain without notice!
- Be security conscious, lock your main hatches, dinghy and outboard at night and don't leave anything valuable on deck.
- Avoid walking anywhere to or from the marina in the dark - take a taxi. Don't be tempted to stay too late at the Gros Islet Jump Up, it's a good night out... but hang onto your pockets.
- Did you know that it is illegal to wear or carry any kind of army/camouflage print in several Caribbean countries, including St Lucia? You could be fined or imprisoned!

  
**Carib**  
*Premium*  
**LAGER**

**NEXT STOP:  
PARADISE**

