

LOCAL INFORMATION

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Cape Verde Information

Local Information

Dialling Code: +238

Time zone: UTC -1

Currency: Cape Verde Escudo (CVE)

Language: Portuguese

Emergency T: 112

Useful Websites:

noonsite.com/Countries/CapeVerdes

visit-caboverde.com

Marina Mindelo

C.P. 1191 - Cais Alfândega Velha, Mindelo, S. Vicente, Cape Verde

Location: 28°07′N 015°25′W

VHF: Ch. 72

T: +238 230 0032

Email: reception@marinamindelo.cv

Website: marinamindelo.cv

Water: NOT Potable

Power: See page 4





Approaching São Vicente

When aproaching from the north-east, the western hills of São Vicente appear 'detached' from the main island. The Island of Santo Antão lies to the north-west, separated by a deep 6.5m channel (Canal de São Vicente), to the southeast is the Island of Santa Luzia. With it's strong tidal stream, the Canal de São Vicente can build large seas, particularly on the flood. It is also known for it's strong and gusty winds, where 10 knots elsewhere can increase to 25-30 knots between the Islands.

Please refer to the Sailing Instructions for details of the VHF Channels and reporting procedure as you approach.

Once across the line, take a direct course to the end of the grey stone breakwater.





Entry Formalities

Documents need to be presented to Rally Control as they will arrange clearances on behalf of the skipper. Documents required are as follows:

- Passports
- Police Form (provided by Rally Control)
- Original Ships Papers (returned at the end of your stay)

There is a Port Immigration fee of CVE500 or €5 per boat, independently of crew numbers and an additional surcharge applies at weekends. Any change to this will be notified during the Skippers' Briefing in Las Palmas.

Arriving with Pets

Animals must be declared to the authorities on clearing into the country. A veterinarian health certificate/vaccination certificate should be presented. Dogs also require an additional rabies inoculation certificate. The animal may/may not be given permission to go ashore. Semi-feral dogs are common in the Islands so proceed with caution if given permission to take your dog/cat ashore.

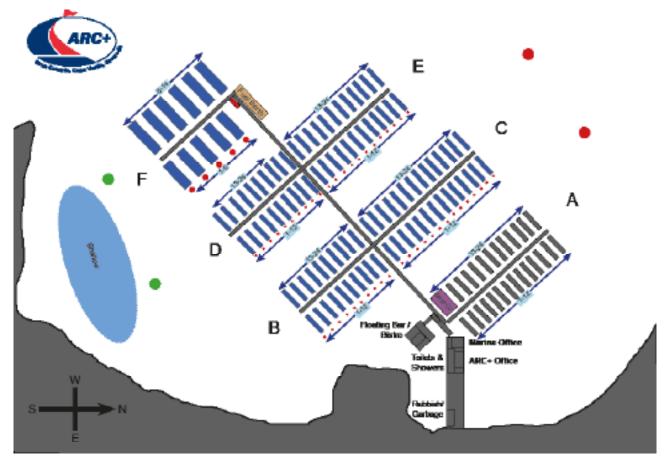
Local Information ARC+ Rally Handbook 2025

Crew Changes in the Cape Verde

A visa is no longer needed for stays up to 30 days in Cape Verde. There is a visa exemption for 36 countries (European Union, United Kingdom, Andorra, Iceland, Liechtenstein, Monaco, Norway, San Marino, Switzerland and Vatican) in place.

Each person will require a valid passport to enter the archipelago by sea or by air. If arriving by plane, you also need to pay a fee:

For domestic flights, the fee of CVE150 (about €1.40) will be charged at the time of airfare. On international flights, the TSA (Airport Security Tax) is worth CVE3,400 (about €31) and will be charged at the time of pre-registration on the online platform EASE. Pre-registration consists of completing passport and travel details. It must be made no less than 5 days before the start date of the trip to Cape Verde.



Mindelo Marina

Reception Opening Hours

Mon-Fri: 0800-1800 Sat-Sun: 0900-1800

Marina Mindelo is a 144 berth marina with all necessary facilities including 24hr security, fuel, LPG, basic but adequate toilets and showers, floating Sailor's Bar.

The marina has floating pontoons with fingers, for boats up to 50m LOA and 4.5m draught. Access available at all tides and times of day.

It provides greater shelter than the anchorage, however, should a West swell set in during your stay, be prepared with springs and rubber guards for mooring lines. In a swell harbour such as Marina Mindelo, line handling with good slack does all the work. Pontoons are anchored to the seabed without fingers; instead there are mooring buoys for trying to or slack lines from the dock.

Berthing

The marina has floating pontoons and is designed to withstand swell. However, it can become rolly in some conditions and boats should ensure their lines are tied correctly.

- One large yacht dock able to hold yachts up to 50m, and 4.5m draft in some areas.
- Stern to floating pontoon, buoys to make fast bow lines to, or slime lines from the dock.
- Access available at all tides and times of day.

The Entry Fee for ARC+ includes four nights complimentary berthing in Mindelo for yachts up to 19.81m.

Showers & Toilets

The showers are located by the marina office. Use water carefully – You will need your magnetic card for shower. Report faults and cleaning issues with the showers / toilets directly to the Marina Office.



Electricity and Water

Yachts should be aware the town of Mindelo does occasionally lose power, which consequently affects the power on the docks. However, the marina does have a separate generator for these instances.

Electricity is charged on a daily basis as follows: 32 Amps - €10.88 per day / 63 Amps - €22.67 per day (April 2025).

The water on the pontoons in the marina is NOT potable.

Bottled water is available from all the shops. Water is a scarce commodity, produced using diesel engines and consequently it is limited and expensive (€0.02/litre).

100lt of non potable water is included in berthing fees, which is for water on the pontoons AND marina showers. You will be given a magnetic card on arrival to enable you to access the water.

If you need a top up or an extra card, please visit the marina office. The price is €0.02/Lt and there will be no credit for units not used. Extra card has a refundable deposit of €10. It is recommended to fill tanks in Las Palmas, and if possible keep this water for the crossing. Bottled water is readily available.

Fuel

The fuel dock, located at the end of F pontoon, is open daily 0800–1800. Fuel is duty free for fuelling direct to the boat, however jerry cans cannot be filled. Payment can be in cash at €1.14/lt or €1.17/lt by card (at November 2024). To fill jerry cans, visit Enacol or Shell garage, both a short walk from the marina.



Mindelo Marina



A to Z of Boat Services

Chandlery & Boat Supplies

Boat CV

Meio-do-Atlantico, Av. Marginal info@boatcv.com +238 2326772 / +238 9915878 see also Repair Services

Gas (Butane only)

Shell Garage

Near marina entrance sells filled gas bottles.

Enacol Station

A short walk from the marina, provides a gas refill service and camping gas bottles exchange.

Hardware Stores

There are several stores offering a selection of goods in Mindelo, such as **Drogaria Picknin** and **Zererino Cid**. The best advice is to speak to people about what you are after and you will be directed accordingly.

Repair Services

Boat CV

info@boatcv.com +238 2326772 / +238 9915878 Meio-do-Atlantico, Av. Marginal.

Local chandlery, repair and service who will help with most problems and are based in the marina. The German owner, Kai Brossmann, speaks good English; he is a Raymarine technician, with contacts all over the islands and has a very good track record of achieving the impossible for visiting yachtsmen!

Sail Repairs

Tuga

Tuga is a dockmaster at Marina Mindelo, who provides basic sail repair work.

portcapt@marinamindelo.cv +238 9990290

A to Z of What's on Shore

Accommodation

Kira's Boutique Hotelkirashotel.comHotel Don Pacodonpacohotel.cvCasamarel Hotelcasamarelhotel.comCasa Branca – Eco Chiccasa-branca-eco-chic.

cape-verdehotels.com

Villa St Aubyn <u>villastaubyn.cv</u>

Outside Mindelo, on São Vicente:

Flag Hotel Foya Branca flagworldhotels.com

Santo Antão Hotel

Pedracin Village Hotel pedracin-village.

cape-verdehotels.com

Banks

There are four ATMs within walking distance (<5 min) from the Marina.

Computer Store

Digital ElectrónicosRua Senador Vera Cruz 5 minute walk from the marina.

Doctors / Hospitals

Emergency ambulance: 112

Doctor - **Urgimed** on Rua Senegal Mindelo

www.urgimed.cv

+238 230 01 70

Doctor/Hospital – **Medicentro**, Av. Alberto Leite – Madeiralzinho, a short taxi ride from the marina

+238 950 8140

Open: Mon-Sat: 0730-0000 Sun: 0800-0000

Dentist

 Nelita Santos
 nelitasantos.cv

 +238 231 93 93

Internet / WiFi

WiFi is available on the pontoons. You can also get free WiFi in the marina's Floating Bar.

Laundry

Elizabeth WhatsApp: +238 9766864 Charges €2/kg wash, dry and fold and collects from the marina every day at 0800.

Pharmacy

Farmacia Do Leão

17, Rua de Lisboa +238 2326604 Mon–Fri: 0800-2000 Sat 0800-1200.

Restaurants

Casa Cafe Mindelo casacafemindelo.com Beautiful cafe close to the marina, offering

breakfast lunch and dinner as well as tapas. Booking recommended. Open: 0700-0200.

Taverna +238 951 22 68 Italian restaurant mixed with Cape Verdean flavours.

Opens daily from 0800 until midnight.

Pastelaria Morabeza pastelariamorabeza.com

Great coffee, cakes, quick meals and freshly baked bread. It's open daily from 0600 to 2200 on Avenida Baltasar Lopes da Silva 21.



Mercado Municipal Mindelo





Inside of the Mercado Municipal Mindelo

Supermarkets & Shopping

There are various small supermarkets in Mindelo.

Fragata

Two stores which both sell a good selection of fresh and frozen provisions. They may also deliver for a small cost.

Mon-Sat: 0900-2100. Sun 1000-1400 & 1700-2100

Mercado Municipal Mindelo

a short walk from the marina, is a central market offering a great array of fresh fruit, vegetables and local goods such as cheeses and handicrafts.

Mon-Fri: 0800-1700. Sat 0800-1600

Mercado de Peixe

Fish Market on Ave Marginal. Mon–Sat: 0800-1800 Sun: closed

Mercado de Vegetais & Artisesanais

Rua Sao Joao

one block inland from the Fish Market sells fruit, vegetables and handicrafts.

Daily 0800-1700



Travel Information

Airport and Airlines

There are four international airports in the Cape Verdes

- São Vicente (VXE)
- Sal (SID)
- Praia International Airport (RAI)
- Boa Vista (BVC)

Scheduled Flights:

Cabo Verde AirlinesCaboverdeairlines.com

Daily international flights from Lisbon to Sal or Praia and once a week from Amsterdam, Munich, Paris, Las Palmas, Fortaleza and Boston.

TAP AirPortugalDirect flights from Lisbon to Mindelo (Marina location): Tuesday morning and Saturday afternoon; Daily flights from Lisbon to Praia (RAI).

Charter flights

My Notes

TUI operates direct flights from Gatwick, Manchester and Birmingham in the UK to Sal and Boavista.

Car Rental

Atlantic Car Mindelo +238 9916229

Taxis

From the airport São Pedro taxis take you to Mindelo for approximately €10. A supplement applies after nightfall.

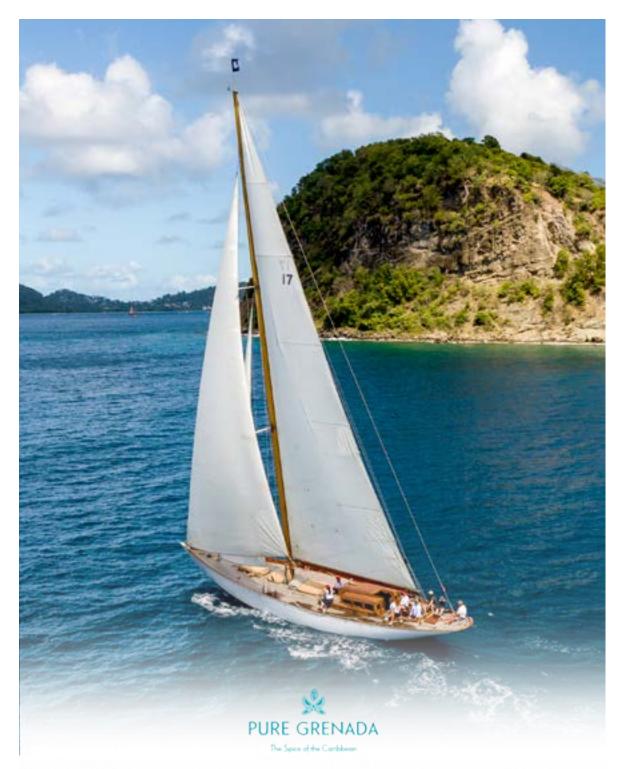
Inter-Island Travel

The best way of travelling between the international airports and Mindelo is by inter-island flight.

Cabo Verde Airlines <u>caboverdeairlines.com</u>

Ferries operate between all of the inhabited islands. Praia to Mindelo is an overnight ferry journey, stopping in Sao Nicolau.

CV Interlihas cvinterilhas.cv



GRENADA WELCOMES THE ARC + SAILORS

Beautiful beaches, glorious hiking trails and friendly smiles, await you in Pure Grenada...







Grenada Information

Local Information

Dialling Code: +1 473

Time zone: UTC -4

Currency: EC\$

Emergency T: 911 for Police & Fire

434 for Ambulance

Coastguard: +1 473 444 1931

Useful Websites:

puregrenada.com

Camper & Nicholsons Port Louis Marina

Port Louis Marina, Camper & Nicholsons Grenada Services Ltd, Mail Bag 9012, Kirani James Boulevard, St. George's, Grenada, West Indies

Location: 12°3′13"N, 61°44′59"W

VHF: Ch. 14

T: +1 473 435 7432

Email: reservations@cnportlouismarina.com

Website: cnmarinas.com

Water: Potable

Power: See page 13

Entry Formalities

On arrival, all yachts must clear into Grenada as soon as possible - crew must remain onboard until this is completed:

1. Visit Customs and Immigration Office Located at Port Louis Marina, take boat papers, clearance out from your previous port, all crew passports and SailClear.com ID reference. Yachtsmen are permitted to stay on the island for a period of 3 months.

Office opens Monday-Friday 0800-1600 and at weekends and public holidays 0900-1400. Clearance outside of these hours by prior arrangement. Overtime fee on weekends/holidays/outside of hours (EC\$60).

The Port Authority will charge port dues when you check-in, the amount depends on the yacht LOA.

- 2. Visit Port Louis Marina Office to confirm your berth location, as well as see the skipper's passport. They will then connect your electricity and water.
- 3. Visit the ARC Office Bring your YB Tracker, completed signed Arrival Declaration and survey. The ARC Plus team will also give you more information about the programme in Grenada, and how to contact the Grenada Tourism Authority for making the most of your time on the island.

Visas

Most nationalities will not require a visa for Grenada. A list of visa exempt countries is available from Grenada Embassies: grenadaembassyusa.org

Crew arriving by air to join the boat in Grenada must have a letter from the skipper confirming they will be travelling aboard and details an exact date of departure. (See page 68 in the Preparations section).







Arriving with Pets

Entry is easy for pets provided that the Veterinary department have been given the necessary details **in advance** and a Pet Import Permit has been issued.

Contact the Veterinary Department at grenadalivestock@gmail.com with a copy of the Health Certificate from the last port of exit, and valid vaccination records.

On arrival, all documentations and vaccination records need to be available and up-to-date.

See PetTravel.com for further information.



Camper and Nicholsons Port Louis Marina

Finishing Line

Full details of the finish procedure are explained at the Skippers' Briefing in Mindelo.

Approaches to Grenada

The approach to Port Louis Marina and St George's is straightforward in all weather. The buoyed marina fairway is poorly lit but easy to identify and navigate. From a westerly direction to north of Annas Shoal there is a well-marked channel north-east of harbour (minimum depth of 19.5 metres) that leads almost to the quay. About 800 metres before quay, the channel turns north and there are shoals either side. Please refer to the Sailing Instructions for details of the VHF Channels and reporting procedure as you approach. On approach to the marina, Rally Control staff will direct you to your allocated berth via VHF.

Remember: Grenada uses the American system ('Red Right Returning') with red buoys marking the starboard side of the channel on your arrival. Please pay special attention to commercial traffic when entering Port Louis Marina, especially along the Carenage waterfront in St George's itself.

Towing

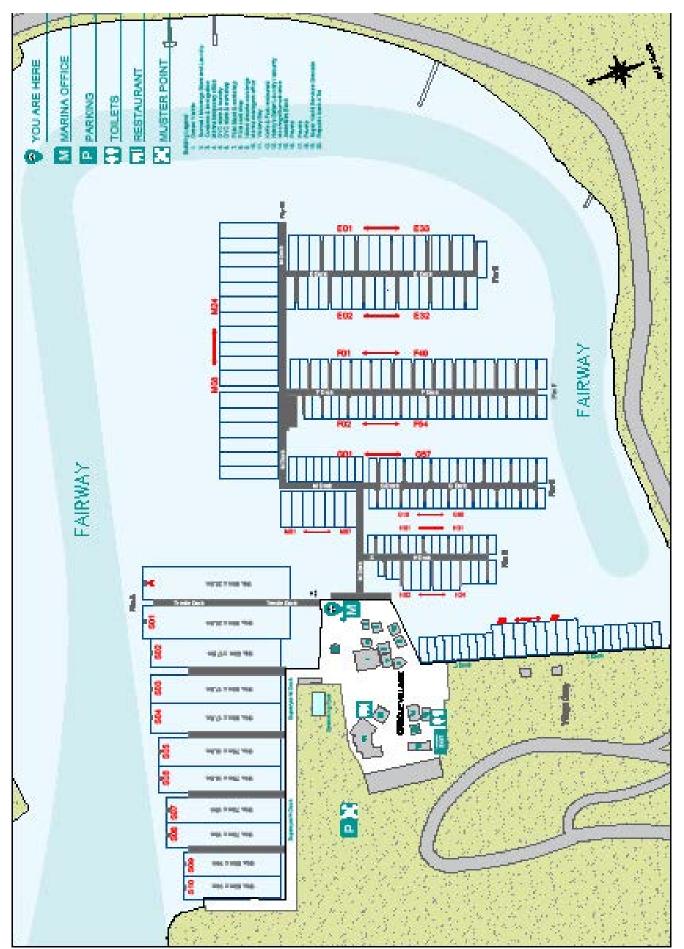
Port Louis Marina team will assist with towing of yachts in need. Contact can be made either by VHF 14 or by phone at +1 473 435 7432 or advise Rally Control in advance of your arrival.

Arriving at your berth

Rally Control will let you know your allocated berth on arrival. Please have your Sailing Instructions with a copy of the Marina Plan (see page 11) accessible for reference.

Yellow shirts and the Port Louis Marina Dockmasters will be on the dock to welcome crews.







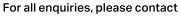
Welcome to a World of Color

GREAT DEALS AND AFFORDABLE RATES TO CALL PORT LOUIS MARINA YOUR HOME

Owned and managed by Camper & Nicholson's Marinas, Port Louis Marina is the full-service marina destination to visit in the southern Caribbean for secure yacht and superyacht berthing.

Facilities include:

- Onsite restaurants and bar
- Air conditioned amenities Diesel and Gasoline fuel services
- Free Wi-Fi
- Black water pump out
- Swimming pool
- 110v/220v shorepower
- Concierge services
- Alongside dockage available



+1 (473) 435 7432

Email: reservations@cnportlouismarina.com

Web: www.cnmarinas.com/plm

VHF: Channel 14





TERMS & CONDITIONS

Rates are quoted in US Dollars and berthing fees are payable on arrival. 🔳 Rates are based on a vessel staying and paying for the berth for a consecutive number of days. 🔳 Catamarans charged at 1.5* the advertised rates. 📕 A deposit of 10% of the value of the booking (Min US\$100) is required to secure a berth. 🔳 Deposits are refundable up to 30 days prior to the booked arrival date. 🔳 All rates subject to change.



Camper & Nicholsons Port Louis Marina

Facilities

Located in a lagoon just outside St. George's, the capital of Grenada, Port Louis Marina provides the perfect base to explore Grenada and the Grenadines.

The marina overlooks Carenage Waterfront and has 227 berths for yachts up to 300 feet.

The team at Port Louis Marina is headed up by General Manager Zara Tremlett. A Camper & Nicholsons Marina, Port Louis Marina boasts all the facilities your would expect, from clean and well maintained washrooms, to fresh water and electricity at all berths. There is complimentary WiFi, bars, restaurants and shops at the marina and nearby, and a host of repair and maintenance services are available at Port Louis Marina. You will also find agents in the marina to assist with any yacht service requirements, including provisioning and transport.

Docking

Camper & Nicholsons Port Louis Marina provide ARC+ participants with 2 days complimentary berthing on arrival. ARC+ yachts also benefit from a 10% discount on dockage to any subsequent stays up to 31 May 2025.

The marina advises that you book in advance if you plan on staying after the New Year. Remember to make it clear that you are an ARC+ yacht when corresponding with the marina.

Long Term Docking Options

The Marina's location in the south-eastern Caribbean has a hurricane risk. Though considered south of the "hurricane belt", the possibility of named tropical storms and hurricanes does exist. Storms passing through the area, even a hundred miles away can affect the area with flooding and wind damage. Speak to the Marina Office for insurance options during the summer season and always check with your insurance company first.

Water and Electricity

Check the current prices of water and electricity with the Marina Office on arrival. Port Louis Marina offers both 110V /60Hz and 220V /50Hz.

Local Information ARC+ Rally Handbook 2025

Potable water is available on all berths. As well as an internet box.

Please be advised that you will need a selection of power plug connections, for example to step down from 63 amp to 32 amp, to cover the range of outlets encountered both here and up and down the Caribbean.

Showers

Port Louis Marina shower / toilets facilities with a coded lock for the use of PLM customers/berth holders only. The showers are well maintained and spacious. Open 24/7.

There are also onsite bathroom facilities open to the public and guests. Open from 0700-1900.

Dressing Your Boat

All rally participants are asked to dress their boat with flags whilst in port to create a festive atmosphere! See Preparations section for details of how to dress your boat with code flags. Don't forget to fly your Rally flag too!

Finish Line Checklist

- As you cross the line, note your finish time for your Arrival Declaration.
- Call the Rally Control by VHF. See Sailing Instructions for the advised channel and calling process.
- Approaching the marina, find your marina plan - see page 11, and your Sailing Instructions.
- Upon entry to the Saint George's fairway call Rally Control by VHF. They will advise you on where you will be berthed.
- Prepare all fenders and mooring lines.
 Prepare lines for both port and starboard on the bow, stern and midships.
- After you have established contact with Rally Control and they have requested that you enter the marina, enter the marina slowly. The marina entrance is marked with a port and starboard light – remember, "red right returning".
- You will be greeted at your berth by the Yellow Shirts, whatever time of day or night you arrive.
- Once you are safely berthed, Yellow Shirts will give you information and explain how to check in.

Local Information

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A to Z of Boat Services

Be aware of unskilled workers visiting your boat and offering their services. Always get recommendations, or visit the Marina Office for more details of workers who are permitted to operate in the marina.

Boatyard and Haulout

Spice Island Marine spiceislandmarine.com

Full service boatyard in St George's with fabrication, repair, electrical, rigging and mechanical workshops. 70 ton travelift takes boats LOA 85' and beam 25'.

Clarkes Court Boatyard & Marina

clarkescourtmarina.com

Full service boatyard in St George's with repairs, electrical, rigging and mechanical services. Italian built boatlift 242 ton, max lifting beam 37ft, draft 13ft. Roodberg Submersible Trailer 32 ton max, draft 7ft, beam 25ft.

Grenada Marine grenadamarine.com

Full-service boatyard in St David's with fabrication, repair, electrical, rigging and mechanical workshops.

Tyrell Bay Marina & Boatyard

tyrellbaymarinacarriacou.com

Full service boatyard on Carriacou with fabrication, repair, electrical, rigging and mechanical workshops. Travel lift of 150 ton, 32ft beam max and 16ft draft.

Boat Vendors

In every harbour and anchorage you will likely be visited by enterprising locals driving a small boat, selling fresh fruit, bread and ice as well as offering tours and water taxis services. They can help with pilotage and, in some harbours and anchorages, the allocation of mooring. Putting fenders out along one side is a sign that you are happy for them to come alongside, and will also protect your boat. When engaging their services give them a list and agree a price for each item. Find out their name and tell them there is no need for anyone else to call.

Chandleries

Island Water World <u>islandwaterworld.com</u>

Located just outside the Port Louis marina (smaller store in Grenada Marine Boatyard). Visiting ARC participants who wish to purchase duty free, must take their original ship's documentation and clearance papers with them the first time they shop.

Budget Marine <u>budgetmarine.com</u>

At Spice Island Marine, True Blue Bay

North Yacht Shop

In Clarkes Court Boatyard

Treasure TroveLocated in Worbuen

treasuretrove.shop



Charts and Pilot Books

From Island Water World and Budget Marine Centre (see Chandleries).

Electronics & Electrical

Clarity Marine Services

claritymarine@gmail.com +1 473-456-4494

Marine Tech Grenada

marinetechgnd@gmail.com +1 473 406 1800

Turbulence Grenadaturbulenceltd.com
+1 473 439 4495

Freelance Workers

There are a number of skilled and semi-skilled workers who operate in the marina under the management of the Marina Services Department. Ask in the Marina Office for advice.

Fuel (Diesel)

Port Louis Marina

Fuel dock under construction May 2025.

Grenada Yacht Club +1 473 440 6826 Call VHF Ch.16 or 14 in advance. Maximum draft 13ft/3 96mt

Le Phare Bleu Marina +1 473 444 2400 Call VHF Ch.68 in advance

Prickly Bay Marina +1 473 456 8895 Call VHF Ch.16 in advance

Gas (Cooking)

Henry Safari Tours Ltdhenrysafari.com
Located at the exit to the Marina Car Park. Drop off

gas bottles at the laundry.



Coyaba Beach Front Grand Anse Beach



Generators

Palm Tree Marine palmtreemarine.com
Clarkes Court Boatyard. Agent for Yanmar,
Northernlights, Westerbeke, Beta Marine dealer &
Spectra Watermaker.

Horizonhorizonyachtsgrenada.com
Clarkes Court Boatyard. Onan Generator Dealers, plus servicing, rebuilds and installations.

Liferafts & Inflatables

Sea Safety Services

donal@seasafetyservice.com

Clarkes Court Boatyard. Specialised in life raft and dinghy sales / repairs / services

Island Water World <u>islandwaterworld.com</u>

Life raft and inflatable sales

Budget MarineIn Spice Island Marine Services. Life raft and inflatables sales.

Mechanical

Palm Tree Marine
Clarkes Court Boatyard. Agent for Yanmar,
Northernlights, Westerbeke, Beta Marine dealer &
Spectra Watermaker.

Essential Engineering

essentialengineeringgrenada@gmail.com Lower Woburn, St. George's. Specialise in inboard and out board engines.

Metalwork and Welding

Welding TechAt Clarkes Court Boatvard

weldingtecgrenada.com

Royan's Welding royansweldingservices.com In St. George's

Refrigeration

Triple Services tripleservices473@gmail.com In St. George's. Air Conditioning and Fridge repairs / services

Metric Hvac-R Services

metrichvacrservices@gmail.com

In St. George's. Air Conditioning and Fridge repairs / services.

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Rigging

Turbulence Grenada turbulenceltd.com
Agents for Harken, Profurl, Navtec and Sparcraft.

MSB Rigging msbrigging@gmail.com

In Saint Georges

Sailmaker / Canvas

Turbulence Grenada <u>turbulenceltd.com</u>

Tropical Sails & Canvas

tropicalsailsandcanvas@gmail.com

Ullman Sails Grenada/Island View Sailmakers islandviewsailmaker@gmail.com

Sunshine Canvas

sunshinecanvas2003@gmail.com

Rollin Stitches rollinstitches.com **Ever After Canvas** julesandfrank@gmail.com

Watermakers

Wholesale Yacht Parts wholesaleyachtparts.com SPECTRA Watermakers authorized dealer. A comprehensive range of parts, equipment, and specialist marine items

Palm Tree Marinepalmtreemarine.comClarkes Court Boatyard.Agent for SpectraWatermaker.

Woodwork / Fiberglass

Driftwood LtdIn Clarkes Court Boatyard.

Yacht Management & Maintenance

Island Dreams

In Port Louis Marina T: +1 473 443 3603 E: info@ islandreamsgrenada.com

Horizon Yacht Charter horizonyachtcharters.com In True Blue Bay.

LTD Sailing
In Prickly Bay

Correct Information

At the time of going to press (May 2025) all information published was correct. However, businesses do close down, or move, and new ones open, so if you find any of the information has changed, please inform us at: mail@worldcruising.com. Thank you.

World Cruising Club

A to Z of What's On Shore

Accommodation

There are many new and old hotels and resorts around St George's and across the island, offering accommodation to suit all budgets. The Grenada Tourism Authority provides a full guide to accommodation in resorts, hotels, guest houses, villas and apartments on their website:

<u>puregrenada.com</u>

R.S.R. Apartments

Located at the entrance of Port Louis Marina. Listed on AirBNB and TripAdvisor

Calabash Luxury Boutique Hotel

calabashhotel.com

Coyaba Beach Resort coyaba.com

Radisson Grenada Beach Resort

radissonhotels.com

Spice Island Beach Resort

spiceislandbeachresort.com

True Blue Bay Resorttruebluebay.comSea Breeze Hotelseabreezegrenada.comBlue Horizongrenadabluehorizons.com

Villa rentals in Saint George's grenadapropertymanagement.com

Banks and ATM

See Money page 17.

Buses

See Travel Information on page 19.

Car Rental

See Travel Information on page 19.

Couriers

FedEx, DHL and UPS operate in Grenada for local, regional and international mailing.

FedEx World Service Center fedex.com

Kirani James Boulevard, St Georges. Operate as a hold location and offer express services.

Dentist

Island Dental Care islanddentalcare@yahoo.com +1 473 437 4000

Sunsmile Dental Clinic +1 473 444 2273

Doctors / Hospitals

Emergency ambulance: 434

Dr. James +1 473 444 1833

St Augustine's Private Hospital

samsgrenada.com

+1 473 440 6173/74/75

Diving

Eco DiveCoyaba Beach Resort, Grand Anse and in Port Louis Marina.

Gyms / Fitness

Body Image located at Excel Plaza.

Hairdressers

Spice Island Retreatspiceisleretreat.comWave House Hair Studiowavehousesalon.comHair Affair+1 473 444 4450

Ice

Available from Victory Bar in the Marina.

Internet

Wifi at Victory Bar & Restaurant. The marina provides connection boxes to rent for a 200US\$ or 500EC\$ refundable deposit to get fast internet connection on the dock.

Island Tours

Royalty Taxi & Tours Grenada

royaltytours473.com

Henry Safari Tours Ltd henrysafari.com

Laundry

Henry Safari Tours

henrysafari.com

Operate a laundry service in the marina, located at the exit to the Marina Car Park. Wash, dry and fold -EC\$3.50 per lb. Make sure you agree a delivery date for your clean laundry.

Grenada Yacht Club grenadayachtclub.com
Self service laundry open from 0800-1630, 1150

Self service laundry open from 0800-1630. 11.50 EC\$ per load. (Only available for those moored on the yacht club moorings.



Money

There is an ATM inside the marina and another ATM across the bay from the Marina, next to the petrol station. Further ATMs and branches of local and international banks are located in St. George's. Banking hours in Grenada are usually Mon-Thurs from

0800-1400 and Fridays from 0800-1600.

Opticians

Clear Vision Grenada clearvisiongrenada.com

Pharmacy

24hr pharmacy in St Augustine's Hospital (see Doctors/Hospital). Lots of pharmacies in St George's town, and in the malls.

Seaview Pharmacy pharmacyseaview@gmail.com Kirani James Boulevard, St George's. Open Mon-Fri 0800-2000, Sat 0900-2000.

Post Office

General Post Office grenadapostal.com

Burns Point, adjacent to the Grenada Port Authority on the Carenage, Saint George's.

Address for Deliveries to the Marina

Port Louis Marina, Camper & Nicholsons Grenada Services Ltd, Mail Bag 9012 Kirani James Boulevard, St. George's, Grenada, West Indies

Restaurants

Grenada offers tourists plenty of seafood, West Indian dishes and French and Italian food. Favourite local dishes include fish stew, curried lambi (conch) and the ubiquitous roti. Pigeon peas with rice, plantains, yams and callaloo soup are common side

Carib beer and Westerhall rum are the local brews; it's also worth trying local nonalcoholic drinks such as sorrel juice, mauby and ginger beer.

In the Marina:

Knife & Fork Bistro knifeandforkgrenada.com Open daily for breakfast, lunch and dinner with international dishes.

Chez Louis @merveilleshub

Open 7 days a week from 1100-0000. A bar, café and restaurant located in the Merveilles Entertainment Hub behind the super yacht dock Open daily for lunch and dinner.

Victory Bar and Restaurant victorygrenada.com Open daily serving fresh fish, certified Angus steak and the best thin crust Pizza on the island. Happy hour daily from 1700-1800.

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Close to the Marina:

Patricks @patrickshomestyle Traditional Caribbean in look, feel and taste. Vegan options available.

Sails Restaurant & Bar @sailsgrenada Fusion, International-Caribbean coupled with breathtaking waterfront views.



Seven Sisters Water Fall. Photo Credit Arthur Daniel

With 5-10 min taxi ride from PLM

Carib Sushi caribsushi.com

Umbrellas Beach Bar

umbrellasbeachbargrenada.com

Aguarium aguariumgrenada.com

Rubbish / Garbage

Garbage disposal is available 24h a day at PLM free of charge for PLM customers. Recycling is also available.

Shipping Agents

It is important to use a recognised carrier when having parcels delivered to Grenada and we recommend you ask any new crew to carry spares in their luggage. If you need to ship parts/spares to Grenada, use a shipping agent.

Georgie's Agency

georgiesagents.com +1 473 440 9042

Swiftpac swiftpac.com/swiftpac-grenada +1 473 440 6100

World Cruising Club

Shopping & Supermarkets

Food costs in Grenada can be considered expensive, depending on where you eat. A good tip is to buy locally produced food from the markets. Opening hours vary but generally are Mon-Fri 0830-1630 and Sat 0800-1230.

Closest Shops:

Foodland hugginsgrenada.com Supermarket within walking distance of the marina.

The Merry Bakery

merrybakeryportlouis@gmail.com

In the marina. Fresh bread, croissants, ice cream, savoury pastries and sweet treats. Pre-cooked and frozen meals also available. Open Mon-Fri 0730-1530

Markets:

St. George's Fish Market

Popular with locals and tourists alike. Open Mon-Sat 0800-2000.

St. George's Vegetable, Spice & Craft Market

Open daily from 0800-1730. Great place to by local fruits, vegetables and spices.

Supermarkets:

Real Value IGALargest on the Island at the Spiceland Mall. Online shopping and delivery to Port Louis Marina available.

RAMS supermarket ramstrading-grenada.com Located at Sugar Mill roundabout, St Georges.

Shopping Malls:

There are a number of shopping malls a short taxi ride away: The Grand Anse Shopping Centre, Le Marquis Complex, Excel Plaza.

Sightseeing

Visit the Tour Operator desk for information on sightseeing and tours. See also Island Tours on Page 16.

Spas

Spice Isle Retreatspiceisleretreat.comSilversands Grand Ansesilversandsgrenada.comLaLunawww.laluna.comAsian Spa & Wellnessasianspagrenada.com

Telephone & Mobile

Dialing out: 011 then country code.

Digicel & Flow are the only providers on the island. Local sim cards can be purchased from their stores in the town of Saint George's or at the Grand Anse Mall.

Watersports

Eco Dive<u>ecodiveandtrek.com</u>
On Grand Anse beach at the Coyaba resort

Conservation Kayak conservationkayak.com

Guided kayak tours based at the True Blue Container Park.

Spice Isle Exploration explorespiceisle.com SUP, kayak and pedelo hire on Grand Anse beach

Yacht Club

Grenada Yacht ClubOpposite Port Louis Marina.

grenadayachtclub.com

Caribbean Travel Tips

- Grenadian people are known for being courteous and hospitable. Say "good morning," "good afternoon," or "good evening" when greeting people and on entering a store, restaurant etc.
- Make sure you try the local fruits and vegetables from the markets, stall holders will be happy to give you recipe ideas and cooking advice.
- Be patient, the Caribbean operates at a different pace.
- Be polite to boat vendors and other locals touting for business - a polite "no thank you, not today" with a smile, generally works well.
- Remember to ask for a receipt when you are asked to pay mooring fees anywhere in the Caribbean.
- Don't leave hatches open when you leave the boat - it can rain without notice!
- Be security conscious, lock your main hatches, dinghy and outboard at night and don't leave anything valuable on deck.
- Avoid walking anywhere to or from the marina in the dark - take a taxi. It is dark by 1800.



Travel Information

Airport

Maurice Bishop International Airport gaa.gd Located 5 miles (15 minute taxi ride) from St George's. Cost approximately EC\$70 for up to 2 persons + EC\$25 for each additional person.

International Airlines

Grenada is accessible from major international cities including Miami, New York, Toronto, London, and from various Caribbean nations.

JetBlue AirwaysDaily non-stop flights from JFK, New York.

American Airlines <u>aa.com</u>

Daily non-stop flights from Miami.

Delta Air Lines delta.com

Weekly non-stop service from Atlanta.

Caribbean Airlines <u>flights.caribbean-airlines.com</u> From Toronto connecting through Trinidad.

British AirwaysFlights from London Gatwick to Grenada via Saint

Lucia on Sundays, Wednesdays and Saturdays.

 Virgin Atlantic
 virginatlantic.com

Flights from London Heathrow on Tuesdays, Fridays & Saturdays.

Air Canada aircanada.com

Twice-weekly non-stop service from Toronto to Grenada.

Condor condor.com

Twice weekly flight from Frankfurt Germany via Barbados.

Caribbean Flights

Caribbean Airlines <u>flights.caribbean-airlines.com</u>
Daily flights between Grenada, Barbados and Trinidad.

SVG Air flysvgair.com

Daily flights to and from Carriacou's Lauriston Airport, and services to St Vincent and Union Island. https://flysvgair.com

Inter Caribbean intercaribbean.com

Daily flights from Grenada to Barbados and St. Vincent plus services to many other Islands - full schedule available on their website.

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Buses

Local buses can be used to get nearly anywhere at very little cost and generally operate between the hours of 0600 to 2100 from Monday to Saturday, less frequently on Sundays. Depending on your route, the fare can range from EC\$2.50 to EC\$6.50. Bus services cover the whole island and can be hailed from anywhere. The buses are mini-bus sized, and painted a range of colours. Ask where they are going and how much the journey will be, as each bus is

Car Rental

privately run.

Hiring a car is straightforward, reasonably priced and a good way to see the island. The marina office can arrange car hire or contact the companies directly. Most rental car agencies require drivers to be 25 years and over. Before visitors get behind the wheel, they must first secure a Grenadian driving permit, which can usually be arranged by the rental agency. A fee of EC\$60 is required.

Dabs Car Rentaldabscarrental.comAdams Auto Rental+1 473 444 3170Spice Island Rentals (Avis)avis.comJ&B Auto Rentaljandbautorentals.com

Taxis

Royalty Taxi & Tours Grenada

royaltytaxitours.net

Water Taxi

Grenada Marina Taxi Association

+1 473 409 0302



