



Rally Update 8: September

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Hello fellow sailor

The Rally is just around the corner...

There's just under two months to go before the ARC+ Rally Office opens in Las Palmas and we are very excited to see you at the start of your adventure. In this Rally Update, you'll find information to help you finalise rally preparations and give you a better sense of what to expect when you arrive for the start of the programme.

We hope that your journey to Las Palmas has been smooth until now. If you have already arrived in Las Palmas, you can pick up your Early Arrival Welcome Pack from **Rolnautic Varadero** chandlery. It contains maps and information about Gran Canaria, helping you settle in to Las Palmas life. For those of you still travelling to Las Palmas and wanting a little bit more advice about potential routes to take, you can watch back our webinar on '**Your Route to Las Palmas**'.

This Rally Update contains:

- Key dates
- Safety videos
- ARC+ in Las Palmas
- Autumn Webinar Series
- Your guide to Las Palmas
- Grenada destination guide
- Sea Labs information
- Insurance advice from Admiral Marine

Looking ahead to your arrival in Las Palmas Marina, it is essential that you contact the marina to book your berth. For details about how to do this, view page 9 of the **Local Information section** of your Rally Handbook.

When you arrive at rally check-in, you and your crew will be issued with personalised crew passes. These passes allow you access to every shoreside event in Las Palmas, Cape Verde and Grenada, so it is **essential that all crew information is completed before 30 September**.

To help guide you through the process of adding crew in the **dashboard section** of the website, check out this handy '**How to**' document.

If you have any questions, please contact Martine and Emma in our Cowes office on **mail@worldcruising.com** or +44 (0)1983 296060

We'll see you soon!

Paul, Suzana and the Team
World Cruising Club

Key Dates

From now	Download the Rally Handbook
From now	Book your berth in Las Palmas Marina
From now	Register with SailClear.com for clearance to Grenada
30 September	All crew information must be completed. Late payment surcharge starts
September-October	Recommended arrival in the Canary Islands
28 October	ARC+ Office opens
28 October - 7 November	Programme of activities in Las Palmas
8 November	Leg 1 Start: Las Palmas - Cape Verde
20 November	Leg 2 Start: Cape Verde - Grenada
10 December	Grenada Prizegiving

Provisional Las Palmas programme

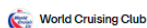
Preparation videos



A nice thing to have.

Safety Inspection at ARC

43 views · 1 year ago



Comments



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By now, we hope that most major parts of your preparation are complete, but we are here to support you with any final details before setting off.

We recommend **watching these videos** which may offer a few new ideas or simply a level of reassurance that your preparations are on track with two months to go.

Our videos are tailored to the needs of sailors crossing oceans on a rally, and cover topics including medical advice, rig checks, life lines, jackstays, a safety equipment inspection and provisioning.

If you are thinking about some practical training, we recommend practicing safety drills and it's not too late to sign-up for a safety course (the **World Sailing courses** are ideal).

ARC+ in Las Palmas



The Rally Team is known as 'yellow shirts' (you can guess why!). You'll meet the team every day in Las Palmas, Cape Verde and Grenada. These are some of the things we do:

Check-in

All skippers will check-in at the Rally Office when they arrive. The check-in team will give you a welcome pack, rally number, crew passes (**don't forget to print passport-type photos!**), an up-to-date schedule of activities and access to the Rally App. Your safety equipment inspection will be booked at the same time.

Information Centre & Shop

The ARC+ shop is open every day and the team is always happy to help with information and answer any questions you may have. As well as being helpful, they sell branded clothing and rally souvenirs. Also in the shop is Dolar Rent a Car and a representative from tourism, so you can get away and explore the island.

Safety Equipment Inspections

Every boat has an in-person inspection in Las Palmas. This will be booked during your rally check-in. Safety officers will check the **required safety equipment** and talk to you about safety onboard. The inspection takes around one hour. Be prepared by getting all of the equipment and paperwork out ready to view.

Rally Activities

For the seminars, flag parade, costume party, sundowners and receptions, the yellow shirt team are your hosts to ensure that you get the most out of the programme.

Skippers' Briefing

All skippers must attend the briefing and can bring one crew member. The briefing will run through the route and expected weather, as well as the arrangements for the start and finish.

Check-out

All skippers will check-out on the day before the start, ensuring that we have the correct crew passport details and that the safety equipment inspection has been successfully completed and crew have been carefully briefed. Then you're ready to sail!



Seminars

Throughout the ARC+ programme there will be seminars from bluewater cruising experts. These seminars will cover a wide range of topics including provisioning, crisis management and downwind sailing. They are designed to help ensure that you are best prepared for your Atlantic adventure.



Do you have your costume organised?

One of the best nights in the ARC+ programme in Las Palmas is the annual costume party and this year, **the theme is 'Jungle'**.

Think ahead about how you'll interpret this theme. There are prizes for the best costumes, so bring the best outfit you can to this awesome night of dancing and laughter.

Autumn Webinar Series

To help you with your final ARC+ preparations we will be hosting a series of webinars exclusively for ARC and ARC+ participants.

These free webinars will cover:

- **Family Sailing** - 9 September
- **Provisioning** - 16 September
- **Double Handed Sailing Tips** - 23 September
- **Crew Choices and Preparation** - 30 September
- **Destination Focus** (Caribbean Cruising) - 7 October

Each webinar will include a panel featuring former ARC or ARC+ participants, so it is a great opportunity to learn from their own lived experiences and clarify anything you are unsure about before the programme begins.



[Register here](#)

Your Guide to Las Palmas



Las Palmas de Gran Canaria has been the home of the ARC+ for over 13 years, and the ARC for over 40 years. It is the perfect launch point for your Atlantic adventure.

In the marina, there are several chandleries and companies which can offer technical assistance during your final preparations before the start. It's also a perfect place to provision before a long passage as there are multiple large supermarkets to purchase anything you might need.

If you have time, we recommend arriving in Las Palmas early and experiencing what Gran Canaria has to offer. From beautiful beaches to historic landmarks, quaint towns to bustling high streets, this island has something for everyone.

To find out more, check out our Las Palmas Destination Guide below.

[All things Las Palmas...](#)

Get to know Grenada



Grenada is calling. Are you excited?

The finish line of ARC+ is not the end of your adventure and we hope that you are looking forward to diving into Caribbean life and experiencing everything Grenada has to offer.

This amazing island is rich in culture, steeped in fascinating history and has some beautiful landscapes to enjoy. It is also great from a practical sense as it has fantastic boat services to support you with anything you may need after your crossing.

Click below to read our destination guide for Grenada which includes information on tourist attractions, cultural events, boat services and the history of the island.

[Your guide to Grenada](#)

Sea Labs



SeaLabs are inviting you to take part in an innovative environmental initiative which works to improve our understanding of the health of our oceans.

What is SeaLabs?

SeaLabs empowers sailors to collect quality data from seawater while crossing the Atlantic.

They equip volunteers with a compact, user-friendly test kits to help measure the health of the ocean. The sensor measures seven seawater parameters in a single test. Tests will need to be taken twice a day, 6 hours apart during your crossing.

You'll be part of a growing global network of citizen scientists helping to build an open-access ocean data platform for marine researchers worldwide.

What's in the SeaLabs kits?

Each yacht receives:

A mobile water quality sensor

A collection container

A companion **App** for logging results

A quick guide for simple, step-by-step sampling

If you would like to be part of this worth while project, click the link below or scan the QR code above.

[Get involved](#)

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Preparing for the ARC or ARC+? Our experienced team can arrange cover for your journey and support you throughout your policy, from pre-departure changes and cruising amendments to renewal and in-house claims.

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